

# MENTAL HEALTH CHECKPOINT

How's your inner critter today?



SAD



LONELY



STRESSED



HAPPY



CONTENT



RELAXED



ANGRY



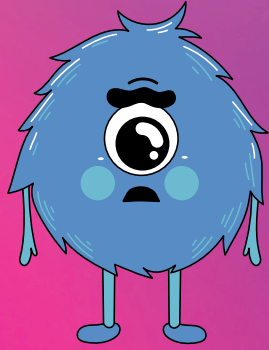
EXCITED



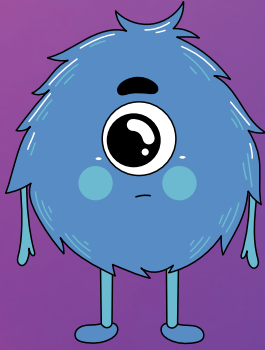
CONFIDENT



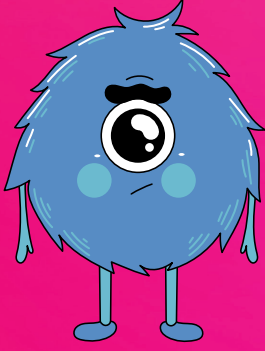
BORED



ANXIOUS



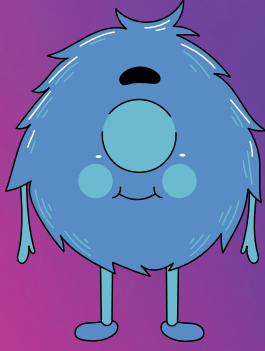
SHY



CONFUSED



SCARED



ZEN