

WHAT IS 988?

988 is a direct three-digit lifeline that connects all Oklahomans with trained behavioral health professionals that can get them the help they need.

*GETTING HELP CAN BE HARD.
SO WE MADE IT EASIER.*



THE MENTAL HEALTH PROFESSIONALS
ON THE OTHER END OF THE LINE ARE
HERE TO HELP GUIDE YOU.

CALL OR TEXT THE LIFELINE

It all starts when a person contacts 988. They'll be connected with a trained behavioral health professional to talk through what's going on and connect with appropriate resources.

About 90% of the time, things get sorted out with this initial phone call or text conversation.

CONNECT WITH A MOBILE CRISIS TEAM

If you or your loved one need more help after your initial phone call, the 988 call center will send a mobile crisis team to assess things and intervene if necessary. About 7 in 10 crises can be resolved at this touchpoint.

GET TRANSPORTATION

Some people need more in-depth care. If this is the case, transportation will be provided to help Oklahomans in need safely arrive at an Urgent Recovery Center and Crisis Stabilization Unit.

CHECK IN AT AN URGENT RECOVERY CENTER AND CRISIS STABILIZATION UNIT

For those of us that need higher touch help, an Urgent Recovery Center and Crisis Stabilization Unit has your back. These centers are staffed 24/7/365 with licensed local medical professionals, nurses, and peers who have been through it themselves. Every center accepts both drop-offs from first responders and walk-ins.

To learn more about how 988 works, visit

988oklahoma.com

@988OKLA

