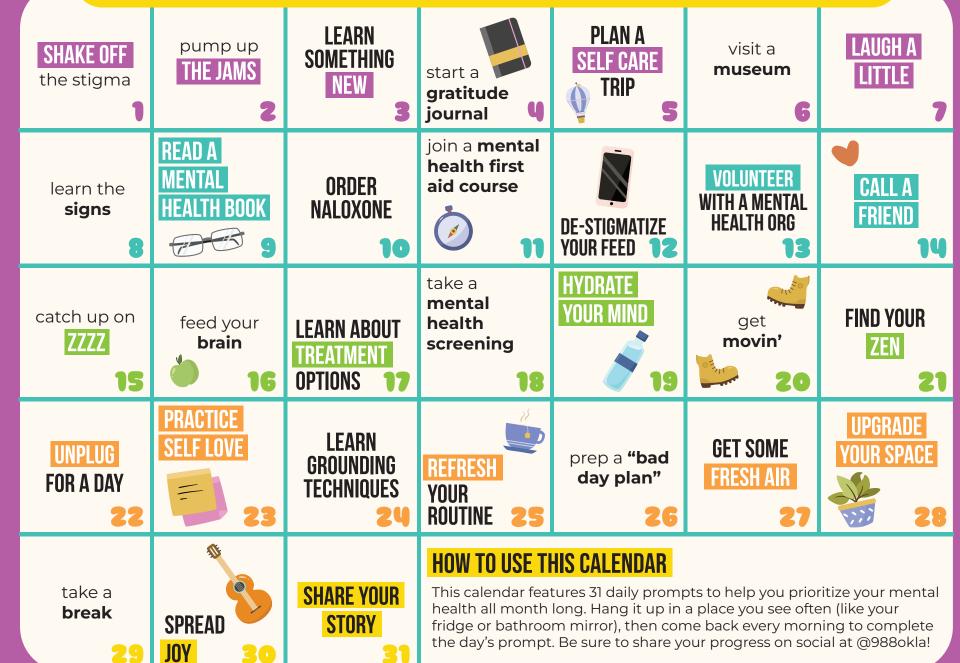
## 31 DAYS OF SELF CARE





Mental Health Awareness Month









@988okla

988oklahoma.com